

## WHAT IS CA?

Cocaine Anonymous is a fellowship of men and women who share their experience, strength and hope with each other that they may solve their common problem and help others to recover from their addiction.

The only requirement for membership is a desire to stop using cocaine and all other mind-altering substances. There are no dues or fees for membership; we are fully self-supporting through our own contributions. We are not allied with any sect, denomination, politics, organisation, or institution. We do not wish to engage in any controversy and we neither endorse nor oppose any causes.

Our primary purpose is to stay free from cocaine and all other mind-altering substances, and to help others achieve the same freedom.

**For addicts and those who think they may have a problem with drugs.**

Please call the freephone helpline on:

0800 612 0225

## **South Central District Committee Meeting**

**2<sup>nd</sup> Sunday each month @ 5:45pm**

## “R” Hub, Station Approach

Boscombe, BH1 4NB

\* This is a closed committee meeting \*

## Hospital & Institutions (H&I)

Last Sunday of each month @ 5:00pm

## “R” Hub, Station Approach

Boscombe, BH1 4NB

## Public Information (PI)

First Tuesday of each month @ 7:30pm

Zoom only

## TELEPHONE NUMBERS

# Cocaine Anonymous Meetings List



# South Central District

## January 2026

Freephone Helpline  
0800 612 0225

[casouthcentral.uk](http://casouthcentral.uk)



For meetings in other areas

cocaineanonymous.org.uk

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## BOURNEMOUTH MEETINGS

**Monday 7:00pm** (HY) 'Jest Rozwiqzanie' (Polish speaking)  
YMCA Hinton Room, 56 Westover Road, BH1 2BS  
Zoom ID: 874 3213 3552 | Passcode: 441475

**Monday 7:30pm** (C) 'The Message'  
East Cliff Church, Holdenhurst Road, BH8 8AW

**Monday 8:00pm** (O, CH) '12 x 12' (share 1st of the month)  
St. George's Methodist Church Café, 118 Haviland Rd, Boscombe, BH7 6HW

**Tuesday 7:30pm** (O) 'CA Big Book Audio'  
St. Georges Church, Wellspring Centre, 118 Haviland Rd, Boscombe, BH7 6HW

**Wednesday 7:00am** (Z) 'Hope Faith & Courage'  
Zoom ID: 340 265 9813 | No passcode

**Wednesday 1:00pm** (O) 'Wednesday Big Book Lunch'  
(Share last Wednesday of every month)  
The Garden Rooms, 118 Haviland Road, Boscombe, BH7 6HW

**Wednesday 7:00pm** (C) 'The Spirit of Rotation'  
(Book Study, A Quiet Peace, Share)  
Garden Café, 118 Haviland Rd, Boscombe, BH7 6HW

**Wednesday 7:45pm** (O, CH) '4th Dimension'  
Howe Croft Community Centre, 1 Turnbull Lane, BH11 9BG

**Wednesday 8:00pm** (C) 'Midweek Meditation'  
St Peters Chapel, St Peters Ch, Hinton Rd, BH1 2EE

**Thursday 7:30pm** (C) 'Rocket' Big Book Study  
East Cliff Church, Holdenhurst Road, BH8 8AW

**Thursday 7:45pm** (C, CH) 'Power Hill'  
St Mike's Church, Poole Hill, BH2 5PW

**Friday 7:45pm** (O, CH) 'New Freedom'  
St Augustin's Church, Wimborne Road, BH2 6NU

**Saturday 10:30am** (O) 'There is a Solution'  
The Hub, Station Approach, Boscombe, BH1 4NB

**Sunday 6:45pm** (C) 'Spiritual Awakening'  
St Mike's Church, Poole Hill, BH2 5PW

## CHRISTCHURCH MEETINGS

**Saturday 7:00pm** 'Saturday Serenity Shares'  
Somerford ARC, 20 Southey Rd, BH23 3EH

## DORCHESTER MEETINGS

**Wednesday 7:45pm** (C) 'Conscious Contact'  
Dorchester Day Centre, Acland Road, DT1 1EF

## EASTLEIGH MEETINGS

**Monday 7:30pm** (O) 'A Better Life'  
All Saints Church, Desborough Road, SO50 5NL

## FERNDOWN MEETINGS

**Thursday 8:00pm** (O, CH)  
Hope Church, Corbin Avenue, Ferndown, BH22 8AE

## POOLE MEETINGS

**Monday 7:45pm** (C, CH) 'How It Works' (last meeting of month is open)  
Longfleet Baptist, 138 Wimborne Rd, BH15 2EX

## PORTLAND MEETINGS

**Saturday 12.00pm** (O) 'Off the rock, On the rock'  
Methodist Church, 7 Reforme, Easton Square, Portland, DT5 2AL

## SALISBURY MEETINGS

**Monday 7:00pm** (C, CH)  
'Monday Night Big Book Audio'  
URC, 30 Fisherton Street, Salsbury, SP2 7RG

**Tuesday 7:30pm** (O) 'The Steps We Took'  
St Mark's Church Annex, St Mark's Ave, Salisbury, SP1 3DL

**Thursday 7:00pm** (O) 'Carry the Message not the Mess'  
URC, 30 Fisherton Street, Salisbury, SP2 7RG

**Friday 19:45pm** (C) 'The Friday Topic'  
Amesbury Baptist Church, Butterfield Drive  
Amesbury, SP4 7SN

## Sunday 7:00pm (O, HY) 'Newcomers Meeting'

United Reform Church, 30 Fisherton Street, Salisbury, SP2 7RG  
Zoom ID: 927 747 358 | No passcode

## SOUTHAMPTON MEETINGS

**Tuesday 7:30pm** 'Crystal Clear'  
St Andrews United Reform Ch, The Avenue SO17 1XQ

**Wednesday 7:30pm** 'Lack of Power'  
Quakers House, 1A Ordnance Road, SO15 2AZ

**Thursday 7:30pm** 'Spiritual Lines' (Closed Xmas day)  
St Marks Church, Archers Road, SO15 2LU

**Friday 7:30pm** 'Newcomers Meeting'  
Quakers Meeting House, Ordnance Road, SO15 2AZ

## WEYMOUTH MEETINGS

**Monday 7:30pm** (O, CH) 'There is another Wey'  
Bethany Hall, 14 Westham Road, DT4 8NP

**Thursday 7:30pm** 'There Is A Way Out'  
Ridgeway Day Centre, 54 Links Road, DT4 0PF

O	Meetings signified as 'Open' are open to anyone
C	Meetings signified as 'Closed' are for addicts and those who think they may have a problem with drugs and/or alcohol
CH	These meetings offer the Chit System - evidence of attendance at C.A. meetings.
HY	Hybrid - Meetings held inside a building with connection to an online Zoom meeting
Z	Zoom - Meetings held online