

WHAT IS CA?

Cocaine Anonymous is a fellowship of men and women who share their experience, strength and hope with each other that they may solve their common problem and help others to recover from their addiction.

The only requirement for membership is a desire to stop using cocaine and all other mind-altering substances. There are no dues or fees for membership; we are fully self-supporting through our own contributions. We are not allied with any sect, denomination, politics, organisation, or institution. We do not wish to engage in any controversy and we neither endorse nor oppose any causes.

Our primary purpose is to stay free from cocaine and all other mind-altering substances, and to help others achieve the same freedom.

For addicts and those who think they may have a problem with drugs.

Please call the freephone helpline on:

0800 612 0225

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South Central District Committee Meeting

2nd Sunday each month @ 5:45pm

"R" Hub, Station Approach

Boscombe, BH1 4NB

* This is a closed committee meeting *

Hospital & Institutions (H&I)

Last Sunday of each month @ 5:00pm

"R" Hub, Station Approach

Boscombe, BH1 4NB

Public Information (PI)

First Tuesday of each month @ 7:30pm

Zoom only

TELEPHONE NUMBERS

Cocaine Anonymous Meetings List



South Central District January 2026

Freephone Helpline

0800 612 0225

casouthcentral.uk



For meetings in other areas

cocaineanonymous.org.uk

BOURNEMOUTH MEETINGS

Monday 7:00pm (HY) *'Jest Rozwiqzanie'* (Polish speaking)
YMCA Hinton Room, 56 Westover Road, BH1 2BS
Zoom ID: 874 3213 3552 | Passcode: 441475

Monday 7:30pm (C) *The Message'*
East Cliff Church, Holdenhurst Road, BH8 8AW

Monday 8:00pm (O, CH) *'12 x 12'* (share 1st of the month)
St. George's Methodist Church Café, 118 Haviland Rd, Boscombe, BH7 6HW

Tuesday 7.30pm (O) *'CA Big Book Audio'*
St. Georges Church, Wellspring Centre, 118 Haviland Rd, Boscombe, BH7 6HW

Wednesday 7:00am (Z) *'Hope Faith & Courage'*
Zoom ID: 340 265 9813 | No passcode

Wednesday 1:00pm (O) *'Wednesday Big Book Lunch'*
(Share last Wednesday of every month)
The Garden Rooms, 118 Haviland Road, Boscombe, BH7 6HW

Wednesday 7:00pm (C) *'The Spirit of Rotation'*
(Book Study, A Quiet Peace, Share)
Garden Café, 118 Haviland Rd, Boscombe, BH7 6HW

Wednesday 7:45pm (O, CH) *'4th Dimension'*
Howe Croft Community Centre, 1 Turnbull Lane, BH11 9BG

Wednesday 8:00pm (C) *'Midweek Meditation'*
St Peters Chapel, St Peters Ch, Hinton Rd, BH1 2EE

Thursday 7:30pm (C) *'Rocket' Big Book Study*
East Cliff Church, Holdenhurst Road, BH8 8AW

Thursday 7:45pm (C, CH) *'Power Hill'*
St Mike's Church, Poole Hill, BH2 5PW

Friday 7:45pm (O, CH) *'New Freedom'*
St Augustin's Church, Wimborne Road, BH2 6NU

Saturday 10:30am (O) *'There is a Solution'*
The Hub, Station Approach, Boscombe, BH1 4NB

Sunday 6:45pm (C) *'Spiritual Awakening'*
St Mike's Church, Poole Hill, BH2 5PW

CHRISTCHURCH MEETINGS

Saturday 7:00pm *'Saturday Serenity Shares'*
Somerford ARC, 20 Southey Rd, BH23 3EH

DORCHESTER MEETINGS

Wednesday 7:45pm (C) *'Conscious Contact'*
Dorchester Day Centre, Acland Road, DT1 1EF

EASTLEIGH MEETINGS

Monday 7:30pm (O) *'A Better Life'*
All Saints Church, Desborough Road, SO50 5NL

FERNDOWN MEETINGS

Thursday 8:00pm (O, CH)
Hope Church, Corbin Avenue, Ferndown, BH22 8AE

POOLE MEETINGS

Monday 7:45pm (C, CH) *'How It Works'* (last meeting of month is open)
Longfleet Baptist, 138 Wimborne Rd, BH15 2EX

PORTLAND MEETINGS

Saturday 12.00pm (O) *'Off the rock, On the rock'*
Methodist Church, 7 Reforne, Easton Square, Portland, DT5 2AL

SALISBURY MEETINGS

Monday 7:00pm (C, CH)
'Monday Night Big Book Audio'
URC, 30 Fisherton Street, Sailsbury, SP2 7RG

Tuesday 7:30pm (O) *'The Steps We Took'*
St Mark's Church Annex, St Mark's Ave, Salisbury, SP1 3DL

Thursday 7:00pm (O) *'Carry the Message not the Mess'*
URC, 30 Fisherton Street, Salisbury, SP2 7RG

Friday 19:45pm (C) *'The Friday Topic'*
Amesbury Baptist Church, Butterfield Drive Amesbury, SP4 7SN

Sunday 7:00pm (O, HY) *'Newcomers Meeting'*
United Reform Church, 30 Fisherton Street, Salisbury, SP2 7RG
Zoom ID: 927 747 358 | No passcode

SOUTHAMPTON MEETINGS

Tuesday 7:30pm *'Crystal Clear'*
St Andrews United Reform Ch, The Avenue SO17 1XQ

Wednesday 7:30pm *'Lack of Power'*
Quakers House, 1A Ordnance Road, SO15 2AZ

Thursday 7:30pm *'Spiritual Lines'* (Closed Xmas day)
St Marks Church, Archers Road, SO15 2LU

Friday 7:30pm *'Newcomers Meeting'*
Quakers Meeting House, Ordnance Road, SO15 2AZ

WEYMOUTH MEETINGS

Monday 7:30pm (O, CH) *'There is another Way'*
Bethany Hall, 14 Westham Road, DT4 8NP

Thursday 7:30pm *'There Is A Way Out'*
Ridgeway Day Centre, 54 Links Road, DT4 0PF

O	Meetings signified as 'Open' are open to anyone
C	Meetings signified as 'Closed' are for addicts and those who think they may have a problem with drugs and/or alcohol
CH	These meetings offer the Chit System - evidence of attendance at C.A. meetings.
HY	Hybrid - Meetings held inside a building with connection to an online Zoom meeting
Z	Zoom - Meetings held online